

# NJREIC RESOURCES FOR FAMILIES

## DISABILITY RELATED RESOURCES:

### AUTISM:

- Department of Health; <http://www.nj.gov/health/autism/index.shtml>
- Department of Human Services-Office of Autism, <http://www.state.nj.us/humanservices/ddd/home/ooa.html>
- Autism NJ (800) 4-Autism [www.autismnj.org](http://www.autismnj.org)
- Autism Speaks (888)288-4762 [www.autismspeaks.org](http://www.autismspeaks.org)
- Autism Society of America (800)328-8476 [www.autism-society.org](http://www.autism-society.org)

### BLIND/VISUAL IMPAIRMENT:

- Commission for the Blind and Visually Impaired (877)685-8878; [www.nj.gov/humanservices/cbvi](http://www.nj.gov/humanservices/cbvi)
- National Federation of the Blind (410)659-9314 [www.nfb.org](http://www.nfb.org)
- American Foundation for the Blind (800)232-5463 [www.afb.org](http://www.afb.org)

### CEREBRAL PALSY:

- Advancing Opportunities (800)322-1918 [www.cpopnj.org](http://www.cpopnj.org)

### DEAF-BLINDNESS

- New Jersey Consortium on Deaf-Blindness; <http://njcsd.tcnj.edu/new-jersey-constortium-on-deaf-blindness/>

### DEAF & HARD OF HEARING:

- **EHDI Program (Referral/Registration):**  
NJ Early Hearing Detection & Intervention Program Voice: (609) 292-5676 Voice/TYY: (609) 984-1343;  
<http://www.state.nj.us/health/fhs/ehdi/index.shtml>
- The New Jersey Division of the Deaf and Hard of Hearing (DDHH) (800)-792-8339 V/TTY toll free in NJ, (609)-984-7281 V/TTY, 866-771-7947 VP; <http://www.state.nj.us/humanservices/ddhh/home/index.html>
- Hands and Voices 609-789-0677 <http://www.handsandvoices.org/index.htm>

### DOWN SYNDROME:

- National Down Syndrome Society (NDSS) (800)221-4602 [www.ndss.org](http://www.ndss.org)
- National Down Syndrome Congress (NDSC) (800)232-NDSC [www.ndsccenter.org](http://www.ndsccenter.org)
- The Arc of NJ (732)246-2525 [www.arcnj.org](http://www.arcnj.org)

### FRAGILE X SYNDROME:

- The National Fragile X Foundation (800)688-8765 [www.FragileX.org](http://www.FragileX.org)

### SPINA BIFIDA:

- The Spina Bifida Resource Network (908)782-7475; [www.thesbrn.org](http://www.thesbrn.org)

### SIBLING SUPPORT:

- The Sibling Support Project (206)297-6368 [www.siblingsupport.org](http://www.siblingsupport.org)
- Publication: *Frequently Asked Questions Siblings Need to Know About their Brother or Sister with Special Needs:*  
For a copy, contact Mid-Jersey Cares REIC (732)937-5437

### TRANSITION TO PRESCHOOL

- NJEIS Transition to Preschool Special Education Services Family Handbook:  
<http://www.thefamilymatterswebsite.org/PDF/FamilyTransitionHandbook2013.pdf>
- Early Childhood Technical Assistance Center (ECTAC):
  - Transition - <http://ectacenter.org/topics/transition/transition.asp>
  - Inclusion - <http://ectacenter.org/topics/inclusion/default.asp>

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## QUICK REFERENCE GUIDE

We hope that as your child develops and grows, your family is able to use some of these resources.

### ASSISTIVE TECHNOLOGY

- Disability Resources for Assistive Technology, <http://www.disabilityresources.org/AT.html>
- Assistive Technology Center (Advancing Opportunities) <http://www.assistivetechologycenter.org>

### CHILD CARE

- NJ Inclusive Childcare Project, (800) 654-7726 x108; [www.spannj.org/njiccp](http://www.spannj.org/njiccp)
- NJ Association of Childcare Resource and Referral Agencies, 732-947-8730; [www.njacccrra.org](http://www.njacccrra.org)
- Care.com - [www.care.com](http://www.care.com)

### DISABILITIES

- Boggs Center, (732) 235-9300; <http://rwjms.umdnj.edu/boggscenter>
- The Arc of New Jersey, (732) 246-2525; [www.arcnj.org](http://www.arcnj.org)
- Council on Developmental Disabilities, (800)792-8858 [www.njcdd.org](http://www.njcdd.org)
- Division on Developmental Disabilities, (800) 832-9173; <http://nj.gov/humanservices/ddd/home/>
- The Center for Parent Information and Resources; <http://www.parentcenterhub.org/resources/>

### EARLY CHILDHOOD

- NJ Dept. of Early Childhood Education, (609)777-2074; [www.nj.gov/education/ece](http://www.nj.gov/education/ece)
  - NJ Council for Young Children <http://www.nj.gov/education/ece/njcyc/>
  - NJ Dept. of Special Education, (609)292-0147; [www.nj.gov/education/specialed](http://www.nj.gov/education/specialed)
  - Birth to Three Standards; <http://www.nj.gov/education/ece/guide/standards/birth/standards.pdf>
  - County Councils, <http://www.nj.gov/education/ece/njcyc/county/>
- Head Start Programs (866)763-6481 <http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices>
- The Learning Resource Centers (LRCs) North (973)414-4491, North Satellite (973)631-6345, Central (609) 633-8893, South (856)582-7000, [www.nj.gov/education/lrc](http://www.nj.gov/education/lrc)

#### Training, Technical Assistance & Information

- Individuals with Disabilities Education Act (IDEA) <http://idea.ed.gov/>
- Disability Rights New Jersey, (800)922-7233; [www.drnj.org](http://www.drnj.org)
- Statewide Parent Advocacy Network (SPAN), (800) 654-SPAN; [www.spannj.org](http://www.spannj.org)
- NJ Coalition for Inclusive Education, (732) 613-0400; [www.njcie.net](http://www.njcie.net);
- Wrightslaw, [www.wrightslaw.com](http://www.wrightslaw.com)

### FAMILY SUPPORT

- NJREIC Family Matters Website: <http://www.thefamilymatterswebsite.org/>
- Family Support Center of NJ, (800) 336-5843; [www.fscnj.org](http://www.fscnj.org) and [www.fscnj.org/what-we-offer/support-services/](http://www.fscnj.org/what-we-offer/support-services/)
- Exceptional Parent Resource Guide, (800) E-Parent; [www.eparent.com](http://www.eparent.com)
- NJ Statewide Parent to Parent: (800) 654-SPAN website: [www.spanadvocacy.org/content/nj-statewide-parent-parent](http://www.spanadvocacy.org/content/nj-statewide-parent-parent)
- NJ Department of Children and Families - <http://www.state.nj.us/dcf/families/>

### HEALTH:

- Department of Health; <http://www.nj.gov/health/>
  - Health Matters Monthly Newsletter; [http://www.state.nj.us/health/newsletter/enews\\_signup.shtml](http://www.state.nj.us/health/newsletter/enews_signup.shtml)
  - Childhood Lead Poisoning Prevention; <http://www.state.nj.us/health/fhs/newborn/lead.shtml>
  - Immunization Information; <https://njiis.nj.gov/njiis/>
  - Women, Infants & Children (WIC), <http://www.nj.gov/health/fhs/wic/index.shtml>
- NJ Family Care (Health Coverage) (800)701-0710 [www.njfamilycare.org](http://www.njfamilycare.org)
- Medicaid- <http://www.state.nj.us/humanservices/dmahs/clients/medicaid/>
- Catastrophic Children's Illness Relief (Financial Assistance); <http://www.nj.gov/humanservices/cicrf/home/>
- Family Voices (Health Issues): (800)654-SPAN x110 [www.spannj.org/familywrap/familyvoices.htm](http://www.spannj.org/familywrap/familyvoices.htm)

*The following is an informal listing of resources, gathered by the NJREIC Family Support Coordinators that can link families to services and supports that many families may find useful. The NJREIC does not endorse any content, program, product or methodology found on any of the listed websites. All resources were accurate at the time of printing.*

**Dental Care:**

- o NJ Dental Clinic Directory, (609) 943-5749; [http://www.state.nj.us/health/fhs/oral/documents/dental\\_directory.pdf](http://www.state.nj.us/health/fhs/oral/documents/dental_directory.pdf)
- o Children's Dental/Oral Health, (609) 943-5749; <http://www.state.nj.us/health/fhs/oral/schools.shtml>

**Mental Health:**

- o National Alliance on Mental Illness (NAMI) (800)-950-6265 <http://www.namini.org/>
- o NJ Mental Health Association - \* For immediate assistance call (866) 202-4357 or (800)367-8850, <http://www.mhanj.org/>
- o NJ Self-Help Clearing House – to find community support groups – (800) 367-6274, <http://www.selfhelpgroups.org>
- o Post-Partum Depression Program (PPD) – (800)328-3838, [www.njspeakup.gov](http://www.njspeakup.gov)

**RECREATION:**

- Municipal Recreation Programs are listed on the State's website for Recreation and Leisure Services for Individuals with Disabilities by County: [http://www.state.nj.us/dca/divisions/dhcr/rec/resource\\_directory.html](http://www.state.nj.us/dca/divisions/dhcr/rec/resource_directory.html)

**SOCIAL SERVICES:**

- Women, Infant and Children (WIC) (866)446-5942 [www.nj.gov/health/fhs/wic/index.shtml](http://www.nj.gov/health/fhs/wic/index.shtml)
- NJ Child Protection & Permanency (CP&P) [formerly DYFS] (855)463-6323; [www.state.nj.us/dcf/about/divisions/dcpp](http://www.state.nj.us/dcf/about/divisions/dcpp)
- NJ Parent Link - <http://www.nj.gov/njparentlink/>
- Special Child Health Services (609)984-0755 [www.nj.gov/health/fhs/sch/sccase.shtml](http://www.nj.gov/health/fhs/sch/sccase.shtml)
- Supplemental Security Income (SSI) – <http://www.nj.gov/humanservices/dfd/programs/ssi/>
- NJ Department of Children and Families - <http://www.state.nj.us/dcf/families/>
- NJ 211/ Need Help? - <https://www.nj211.org/>

**Emergency Financial Assistance:**

- o NJ Utilities Associations, [http://www.njua.com/assistance\\_programs](http://www.njua.com/assistance_programs)
- o WorkFirst NJ (WFNJ), <http://www.state.nj.us/humanservices/dfd/programs/workfirstnj/>

**Emergency Preparedness (related to child or family medical condition or disability)**

- o NJ DOH: Protecting New Jersey's residents, <http://www.state.nj.us/health/er/>
- o English: [www.state.nj.us/health/er/documents/citizens\\_guide.pdf](http://www.state.nj.us/health/er/documents/citizens_guide.pdf)

**Food Banks:**

- o NJ211 <http://www.nj211.org/home/results?keyword=food&qpage=1&gradius=5&qsize=20>
- o Feeding America Food Bank Network – [www.feedingamerica.org/how-we-fight-hunger/programs-and-services.aspx](http://www.feedingamerica.org/how-we-fight-hunger/programs-and-services.aspx)

**Housing:**

- o NJ Housing Resource Center - <http://www.njhousing.gov>

**Transportation**

- o Access Link – for people with disabilities who are unable to use the local fixed route bus. (800)-772-2287 [http://www.njtransit.com/tm/tm\\_servlet.srv?hdnPageAction=AccessibleServicesTo](http://www.njtransit.com/tm/tm_servlet.srv?hdnPageAction=AccessibleServicesTo)
- o NJ Transit – [www.njtransit.com](http://www.njtransit.com) or (800)772-2287
- o Airplane Travel – Travelers can call TSA Cares @ (855)787-2227 prior to traveling with questions and arrangements for passengers with disabilities. <https://www.tsa.gov/travel/special-procedures>  
<https://www.tsa.gov/news/releases/2011/12/22/tsa-announces-launch-tsa-cares-toll-free-helpline-travelers-disabilities>